Equivalence Testing: A Soon-To-Be Household Name in Psychology?

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Collaborators

 A I have been blessed with fantastic undergraduate and graduate students who deserve much of the credit for the work I will be presenting:

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Equivalence Tests

Many empirical questions in psychological research involve a lack of relationship among variables

- For example, a researcher may be interested in demonstrating that a clinical group subjected to a therapeutic intervention will score *equivalent* to a normal comparison group following the treatment
 Often called 'normative comparisons'
- Or, a researcher may hypothesize that caffeine intake is *not* related to levels of depression

Goal of Equivalence Tests

- C The goal of equivalence tests is not to show that there is no relationship among variables (e.g., $\mu_1 = \mu_2$), only that any relationship that exists is too small to be considered meaningful (e.g., -δ < μ_1 μ_2 < δ)
- C The 'bounds' that define the upper and lower limits for an inconsequential relationship are termed the equivalence interval (-δ, δ)
 - In some cases a one-tailed equivalence test is conducted (e.g., inferiority tests), in which case there would only be an upper or lower bound, not an interval

Frequency of Equivalence-Based Hypothesis Tests

- Our lab conducted a review of the 2009 editions of three psychology journals to ascertain how frequent "equivalence based" research questions were being evaluated

 - Qaral of Abnormal Psychology
- For all three journals more than 50% of articles contained at least one equivalence-based hypothesis
 - ☑ The most frequent types of hypotheses were:

Example: Equivalencebased Hypothesis



Personality and Individual Differences

Volume 74, February 2015, Pages 122-126

Comparing the psychosocial health of tattooed and non-tattooed women

Kathleen Thompson 🙁 🖾

Hypotheses

That tattooed women will be as psychosocially healthy as non-tattooed women as measured by scores on the Loyola Generativity Scale (LGS).

Frequency of Equivalence-Based Hypothesis Tests

- A more specific investigation of clinical studies was recently conducted
- Studies that compared psychological treatments and were published between 2000 and 2010 were included
 - 270 studies that compared two psychological treatments, psychological treatments to drug treatments, etc. were found
 - Of these studies, 154 specified no specific direction of effects,
 91 hypothesized a difference between treatments, and 25
 hypothesized that the treatments would be equivalent

Frequency of Equivalence-Based Hypothesis Tests

○ Of the 25 studies that hypothesized equivalence, all used a difference based test for the comparison

Interestingly two studies used equivalence tests, but both incorrectly used them to investigate differences

Further, approximately half of the studies that found no significant difference between treatments used "equivalence-based" language to summarize the findings
 E.g., "equivalence", "comparable", "equally effective"

What about at the U of M?

Reductions in Goal-Directed Cognition as a Consequence of Being the Target of Empathy Personality and Social Psychology Bulletin 2016, Vol. 42(1) 130–141 © 2015 by the Society for Personality and Social Psychology, Inc Reprints and permissions: sagepub.com/journalsPermissions.nav DOI: 10.1177/0146167215617704 pspb.sagepub.com

Jacquie D. Vorauer¹, Matthew Quesnel¹, and Sara L. St. Germain¹

As preliminary analyses across the three studies revealed no evidence that sex moderated any effects of the mind-set manipulation, and sex did not vary according to experimental conditions (Fs < 1), it is not discussed further.

What about at the U of M?

Eur J Psychol Educ (2014) 29:175–194 DOI 10.1007/s10212-013-0193-2

The longitudinal effects of achievement goals and perceived control on university student achievement

Lia M. Daniels • Raymond P. Perry • Robert H. Stupnisky • Tara L. Stewart • Nancy E. G. Newall • Rodney A. Clifton

et al. 2008). In regards to achievement, we hypothesized that because this is a college sample, performance goals and primary control would positively and directly predict achievement, whereas mastery goals would have a non-significant direct effect. The existing research linking

What about at the U of M?



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The Production Effect in Recognition Memory: Weakening Strength Can Strengthen Distinctiveness

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implemented by Merritt, Cook, and Wang (2014). Three 2 (production: unproduced vs. produced) \times 2 (design: mixed vs. pure) ANOVAs showed that the pure-list production effect was similar in size to the mixed-list production effect in each of the 20%, 50%, and 80% groups, F(1, 50) = 1.62, p > .20, F(1, 50) = 2.77, p >.10, and F(1, 50) = 0.21, p > .60. In summary, the pure- and mixed-list production effects were similar and no evidence for a distinctiveness influence was obtained.

Traditional and Equivalencebased Hypotheses

Ray Two Populations, Mean Difference

- G Traditional Nondirectional Null & Alternate Hypotheses $\bigcirc H_0$: µ₁ = µ₂, H_a: µ₁ ≠ µ₂
- **Galerice** Null & Alternate Hypotheses
 - ন্থ Two One-sided Testing Procedure (TOST)

$$\mathfrak{R} H_{01}: \mu_1 - \mu_2 \ge \delta; H_{02}: \mu_1 - \mu_2 \le -\delta$$

- $\Re H_{a1}: \mu_1 \mu_2 < \delta; H_{a2}: \mu_1 \mu_2 > -\delta$
- Rejection of H_{o1} implies that $\mu_1 \mu_2 < \delta$, and rejection of H_{o2} implies that $\mu_1 \mu_2 > -\delta$.

Can't a Traditional *t*-test be Used to Evaluate Equivalence?

- You cannot use non-rejection of the null hypothesis of a traditional difference-based *t*-test to evaluate equivalence because:
 - Cost Theoretically, non-rejection of the null hypothesis does not prove the null to be true
 - **3** Power is backward
 - Rever increases as sample sizes decrease and error variances increase

$$\begin{aligned} & \text{Two One-sided Testing} \\ & (\text{TOST}) \text{ for } \mu_1 - \mu_2 \\ & (\text{R}_{o1}; \mu_1 - \mu_2 \leq -\delta) \\ & (\text{S} H_{o1}; \text{ is rejected if } t_1 \leq t_{a, df=n_1+n_2-2} \\ & (\text{R}_{o2}; \mu_1 - \mu_2 \geq \delta) \\ & (\text{S} H_{o2}; \text{ is rejected if } t_2 \geq t_{1-a, df=n_1+n_2-2} \\ & \text{Tr}_1 = \frac{(\bar{X}_1 - \bar{X}_2) - \delta}{\sqrt{\frac{(n_1 + n_2)[(n_1 - 1)s_1^2 + (n_2 - 1)s_2^2]}{n_1n_2(n_1 + n_2 - 2)}}} \\ & t_2 = \frac{(\bar{X}_1 - \bar{X}_2) - (-\delta)}{\sqrt{\frac{(n_1 + n_2)[(n_1 - 1)s_1^2 + (n_2 - 1)s_2^2]}{n_1n_2(n_1 + n_2 - 2)}}} \end{aligned}$$

- Both H_{o1} and H_{o2} must be rejected in order to conclude population mean equivalence
- This is equivalent to testing if the (1-2 α) CI falls within (- δ , δ)

Difference vs Equivalence: Confidence Intervals



Extensions of Equivalence Testing: Lack of Association

One extension of equivalence testing is to the problem of demonstrating that two variables are *minimally related*

- For the same reason that a traditional *t* test cannot be used to evaluate the equivalence of two independent groups, a traditional correlation (or regression) statistic cannot be used to demonstrate a lack of association
 - Recall that the hypotheses are backward, and power would be maximized by decreasing N and increasing error variance

Lack of Association Tests

The goal of a lack of association test is to demonstrate that any relationship between the variables is too small to be considered meaningful

φ* is used to represent the smallest correlation between the variables that would be considered meaningful
 (-ρ*,ρ*) forms the equivalence interval

Lack of Association Test

C Following the logic of the TOST procedure, the composite null hypotheses, H₀₁: $ρ ≥ ρ^*$ and H₀₂: $ρ ≤ -ρ^*$, are rejected if $t_1 ≤ t_{a, N-2}$ and $t_2 ≥ t_{1-a, N-2}$, respectively, where:



We have also investigated versions of this test based on: 1) Fisher's *z* transformation, and 2) Resampling

Power Rates of Lack of **Association Tests** N = 50N = 100N = 500N = 1,000 ρ^* eq_fz eq_rs eq_r eq_fz eq_rs eq_r eq_fz eq_rs eq_r eq_fz eq_rs eq_r Fisher's zResampling TOST $\rho = 0$.05 0 0 0 0 0 0 0 0 .003 () $\left(\right)$ () .425 .432 .434 .874 .874 .875 .10 0 0 0 0 0 0 .15 0 0 0 0 .914 .917 .917 .998 .998 .999 0 0 .262 .279 .995 .20 .008 .237 .995 .995 0 0 1 1 .622 .25 .044 .137 .591 .621 .085 1 1 1 1 .849 .820 .3 .365 .372 .847 1 .315 1 1 1

Lack of Association Tests

A Why is it hard to find a 'lack of association' with small n/ρ^* ?

$\rho = 0$			Sample correlation (<i>r</i>) magnitude (absolute value)							
N	>.9	>.8	>.7	>.6	>.5	>.4	>.3	>.2	>.1	>0
10	.001	.007	.025	.067	.140	.252	.398	.578	.780	1
15	0	<.001	.005	.019	.060	.139	.273	.465	.720	1
20	0	0	.001	.005	.025	.082	.199	.400	.687	1
25	0	0	<.001	.002	.012	.046	.145	.334	.628	1
50	0	0	0	0	<.001	.004	.036	.163	.492	1
100	0	0	0	0	0	0	.003	.048	.323	1
200	0	0	0	0	0	0	0	.005	.159	1

What is an appropriate equivalence interval?

The "Elephant in the Room" when it comes to many discussions of equivalence testing



Sessentially, a researcher is asked to determine *the smallest effect that is of practical importance* within the nature of the study

CSOur lab has started investigating what represents the smallest meaningful relationship among variables in common research settings (almost no prior research on the topic)

Smallest Meaningful Difference in Central Tendencies

Overlapping histograms displayed two distributions that were separated by a population Cohen's *d* ranging from 0.00 to 2.00, in .05 increments

Government For each value of Cohen's *d*, five plots were generated and subjects saw only one randomly chosen plot



Smallest Meaningful Difference in Central Tendencies

Participants were asked to indicate whether the difference in the distributions was meaningful
 Training for interpreting the plots was provided
 Participants were separated by level of statistical experience (< 3 semester courses in university statistics, 3+ semester courses in university statistics)

Real on past research, the value of Cohen's *d* where 50% of participants assert that the relationship is meaningful was used to represent the smallest meaningful association





Smallest Meaningful Association among Variables

Scatterplots displayed population correlations ranging from ρ = - .60 to ρ = .60 in .05 increments
 For each value of ρ, five plots were generated and subjects saw only one randomly chosen plot



Smallest Meaningful Association among Variables

- Participants were asked to indicate whether the association was meaningful
- Real Training for interpreting the plots was provided
- Participants were separated by level of statistical experience (< 3 semester courses in university statistics, 3+ semester courses in university statistics)
- Again, the value of ρ where 50% of participants assert that the relationship is meaningful was used to represents the smallest meaningful association among the variables

Logistic Regression Results – Correlation



Conclusions – Smallest Meaningful Association

- The minimally important relationship in a correlation setting (ρ = .30 to ρ = .35) was moderately higher than what Cohen suggested as the lower bound for a "small" correlation (ρ = 0.10)
- The minimum meaningful difference in central tendencies (d = .95 to d = 1.20) was much larger than what Cohen suggested as the lower bound for a "small" standardized mean difference (d = 0.20)
- → We re-ran the study asking if "the groups were equivalent" or "there was a negligible association" and found essentially the same results

Conclusions – Smallest Meaningful Association

- It is hoped that this research will help researchers better interpret the magnitude of effect sizes and set appropriate boundaries in equivalence testing
 - Current research is exploring what aspects of the figures participants focus on when making decisions regarding the meaningfulness of the association
 Eye Tracking
 - Another current study allows participants to manipulate the visualizations until the smallest meaningful association is represented
 Will this produce different results?

Extensions of Equivalence Testing

- CR Our lab has explored many proposed extensions of equivalence testing, including:
 - Tests of Substantial Mediation (Mara)
 - Tests of the Equivalence of Correlation or Regression Coefficients across Groups (Counsell)
 - Megligible Interaction Tests (Counsell, Jabbari)
 - Multiplicity Issues in Equivalence Testing (Davidson)
 - Sequivalence Tests for Longitudinal Data (Ng, Mara)
 - G Equivalence Tests for Categorical Data (Shiskina)
 - Bayesian approaches to Equivalence Testing (Counsell, Hoyda)
 - G Equivalence-based Homogeneity of Variance Test (Mara, Kim)
 - G Equivalence Tests for Measurement Invariance (Counsell)

Current Approaches to Testing for Variance Equality

CRDifference-based tests CRDifference-based

An ANOVA is conducted on the absolute value of the deviations from the group means:

 $\alpha Z_{ij} = \left| X_{ij} - \bar{X}_j \right|$

 \bigcirc Brown-Forsythe (1974): Z_{ij} = $|X_{ij} - Mdn_j|$

Levene's HOV Test

 $c_{R}H_{o}: \sigma_{1}^{2} = \sigma_{2}^{2}$ $c_{S}HOV \text{ is concluded when } H_{o} \text{ is } \underline{NOT}$ rejected

Since the research hypothesis deals with variance equality, H_a, not H_o, should be aligned with the research hypothesis Applying Equivalence Testing to Homogeneity of Variance Tests

 Wellek's (2003) one-way equivalence test is used for detecting the equivalence of multiple population means
 Borrowing logic from Wellek's one-way

equivalence test, and Levene's HOV test:

$$H_0: \Psi^{2^*} \ge \varepsilon^2$$

 $H_a: \Psi^{2^*} < \varepsilon^2$

- Ψ^{2^*} is an estimate of variance inequality (i.e., a modified ANOVA on the $Z_{ij} = |X_{ij} - \overline{X}_j|$)

- ϵ^2 represents the smallest difference in the variances that is meaningful (same metric as Ψ^{2*})

Monte Carlo Study

ca4 equivalence tests:

✓ Levene-Wellek using $Z_{ij} = |X_{ij} - \bar{X}_j|$ (LW_mean)
✓ Levene-Wellek using $Z_{ij} = |X_{ij} - Mdn_j|$ (LW_mdn)
✓ Welch-adjusted versions of each of these tests (LWW_mean, LWW_mdn)

Compared to 4 non-equivalence versions:
 Original Levene (Lev_mean)
 Brown-Forsythe (Lev_mdn)
 Welch-adjusted versions of each of these tests (LevW_mean, LevW_mdn)

Monte Carlo Study

Routcomes:

C3 Type I error control **C3** Probability of detecting equivalence \propto Equivalence Test: Reject H₀ \sim Traditional Levene Test: Don't Reject H₀ Real Antipulated variables: **Group** sample sizes **C3** Level of variance equality C3 # of groups = 2 & 4C3 Equivalence Interval (ε) = .50 & .25 $\cos \alpha = .05$

Mean Type I Error Rates: Equivalence-based Tests



Type I Error Rates



Probability of Declaring Equivalence (4 Groups) $\varepsilon = .50, \sigma^2 = 1, 1.33, 1.66, 2(\Psi^2 < \varepsilon^2)$





Conclusion - HOV

C Traditional HOV tests address the problem from the wrong perspective
C Levene difference-based tests attempt to NOT REJECT
H₀: $σ_1^2 = σ_2^2$

- The proposed equivalence-based tests correctly address the research question: "Are the population variances equivalent?"
 - Power increases with sample size and large differences in variances are not declared equivalent with small N

Extension: Equivalencebased HOV Tests

Previous research has found that Levene-type tests are not effective gatekeepers for deciding between traditional and robust tests

Real But what about an equivalence-based HOV test?





Measurement Invariance (MI)

Researchers often seek to compare independent groups on a construct of interest

- General For example, do males and females score similarly/differently on depression?
- When discussing group differences on a construct, it is important to ensure that these differences are indeed a function of the group membership, rather than the manner in which the construct is measured
 - General For example, maybe the items on a depression scale are interpreted differently by males and females

MI at the U of M











Traditional Approaches to MI

 \bigcirc Nonsignificant χ^2 difference test

- Solution Nested model comparisons ($\chi^2_{more constrained} \chi^2_{less constrained}$)
- Second Example (metric invariance): Is the χ^2 fit statistic significantly smaller if we fix the factor loadings to be equal in males and females than if we let males and females have unique loadings?

 \bigcirc Using change in fit indices (\triangle GOF)

- \square \triangle CFI (Comparative Fit Index)

Issues with Traditional Approaches to MI

Accepting the null hypothesis
 Accepting the null hypothesis

- Unrealistic to expect *zero* difference in any parameters between groups
- Power to find invariance is highest when sample sizes are small

GR Fit indices are descriptive in nature and there is much debate about appropriate ∆GOF cut-offs

Equivalence Tests for MI

Yuan and Chan (2016) proposed using equivalence testing principles to evaluate MI

- Requivalence testing null hypotheses:
 - $\bigcirc F_{ml0} > \varepsilon$ at the configural stage

where F_{ml0} is the population fit function, and F_{bc0} - F_{b0} is the difference in fit functions of two nested models where *b* indexes the baseline model and *bc* indexes the baseline model with constraints, and ε is the largest tolerable amount of model misspecification

What is ε?

As discussed earlier, one of the biggest challenges with equivalence testing is setting an appropriate equivalence interval

α Yuan and Chan (2016) relate ε to the RMSEA

$$\varepsilon = \frac{df(RMSEA^2)}{K}$$

₩ Where *df* is the model degrees of freedom at the configural stage or difference in *df* when comparing nested models, *K* is the number of groups

This value is rescaled into a noncentrality parameter (ncp) for use in calculating a noncentral χ^2 statistic

 $\delta = (N - K)\varepsilon$

Yuan and Chan's Recommended Adjustment

CR Despite outlining this test statistic with conventional RMSEA values used for calculating ε, Yuan and Chan argue that power based on these values is too low

CR They provide functions for an adjusted ε/RMSEA but provide little theoretical or empirical justification for the adjusted test's performance

Simulation Study

We evaluated the power and Type I error control of Yuan and Chan's outlined equivalence testing method (EQ) and their recommended modification using adjusted RMSEA values (EQ-A)

rightarrow The equivalence tests' performance was compared to using a nonsignificant χ^2 difference test and ΔGOF

Gover Series of the results for the ∆GOF method are not presented, but a brief conclusion regarding the method is provided

Conditions

Measurement Model
2 factors with either 4 or 8 indicators each
Sample Size
100, 250, 500, 1000, or 2000 per group
Equivalence Bound (ε)
Based on RMSEAs of .05, .08, or .10
Factor Loadings
.5, .7, .9

Type I Error and Power

C To evaluate Type I error rates, the population model misspecification was created such that F_{ml0} = ε in each group at the configural stage and F_{bc0} - F_{b0} = ε at all other stages
 C Error covariances were added to differing observed variables in each group at the configural stage to invoke lack of fit
 C At later stages, either one parameter differed or 25% of

parameters differed (e.g., loading, intercept, error variance)

CR To evaluate power we tested a condition where the groups' population models were identical and one where there were differences smaller than ε

Type I Error Results

Configural Invariance: RMSEA = .08, 4 indicator Model



Type I Error Results Metric Invariance: RMSEA = .08, 4 indicator Model



Configural Invariance: 4 indicators, equal models



Configural Invariance: 4 indicators, slightly different models



Metric Invariance: 4 indicators, equal group models



Metric Invariance: 4 indicators, slightly different models



Results Summary

- As expected, the χ^2 difference test results in illogical properties such as backwards power for finding invariance
- A Yuan and Chan's EQ-A approach increased power at the expense of Type I error control
- The EQ method demonstrated good statistical properties, although power is low with very small sample sizes
- Power for finding invariance using fit indices depended on the degree of population misspecification
 Performance of CFI cut-off strongly depended on condition

Conclusion

- The χ² difference test is not appropriate for establishing MI
 ΔGOF using a rigid adoption of common cut-offs is not recommended
- Requivalence testing is the logical statistical tool for testing MI
 - Yuan and Chan's (2016) adjusted RMSEA method is not recommended
 - R No theoretical justification and very liberal Type I error rates
 - Some caution is required for the EQ approach with larger *ncps* and small sample sizes

General Conclusion

Researchers in Psychology frequently explore equivalencebased hypotheses

Equivalence tests are rarely adopted because of unfamiliarity with the methods and lack of availability of software

Thanks!

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