

# Bayesian Regression: Getting Started

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# Why an Intro to Bayesian Regression at the QM Forum?

- I have been spewing about the advantages of Bayesian methods for years, but have had little experience applying the methods
- As a statistical consultant ... I would like to feel confident recommending and conducting Bayesian analyses
- Grad students have limited exposure to Bayesian methods in classes
- Regression is the building block for many advanced methods (e.g., multilevel modeling, SEM)
- I would like to get feedback regarding my approach to the Bayesian regression analysis
- I had nothing better to talk about ③

# Outline

 Why Use Bayesian Statistics?
 Brief Introduction to Bayesian Inference and Model Fitting

Analyzing a Simple Regression in R via Bayesian Methods

## Inference/Estimation from a Traditional Frequentist Perspective

- p-Values
  - The probability of observing a test statistic as extreme, or more extreme, than that found, assuming the null hypothesis is true
  - Common interpretational mistake
    - The p-value is the probability that the null hypothesis is true
- 95% Confidence Intervals (CIs)
  - If we were to sample repeatedly from the population, and calculate a CI for each sample, 95% of the intervals would contain the population parameter
  - Common interpretational mistake
    - There is a 95% chance that the <u>calculated CI contains the population</u> <u>parameter</u>

Sample Results: Regression, Frequentist Perspective

with work stability being independently associated with a higher resilience attitude (9.3 point increase in resilience scores; 95% confidence interval: -17. $b_{WS}^* = 0$ 

Embracing resilience in multiple sclerosis: a new perspective from COVID-19 pandemic

Elvira Sbragia, Eleonora Colombo, Chiara Pollio, Maria Cellerino, Caterina Lapucci, Matilde Inglese, Gianluigi Mancardi & Giacomo Boffa

#### What can the researcher conclude?

- p-Value
  - There is a 3.9% chance of observing a test statistic for the regression coefficient as extreme, or more extreme, than that found, assuming the partial relationship between work stability and resilience attitude is null in the population
  - p(data | hypothesis)

#### Confidence Interval

- If we were to sample repeatedly from the population, and calculate a CI for each sample, 95% of the intervals would contain the population partial regression coefficient
- Says nothing about the probability of the parameter falling in a certain interval
- Wouldn't it be nice to be able to say something about the p(Null Hypothesis) or the probability that the regression coefficient falls within a given confidence interval?

#### Frequentist Model Fitting

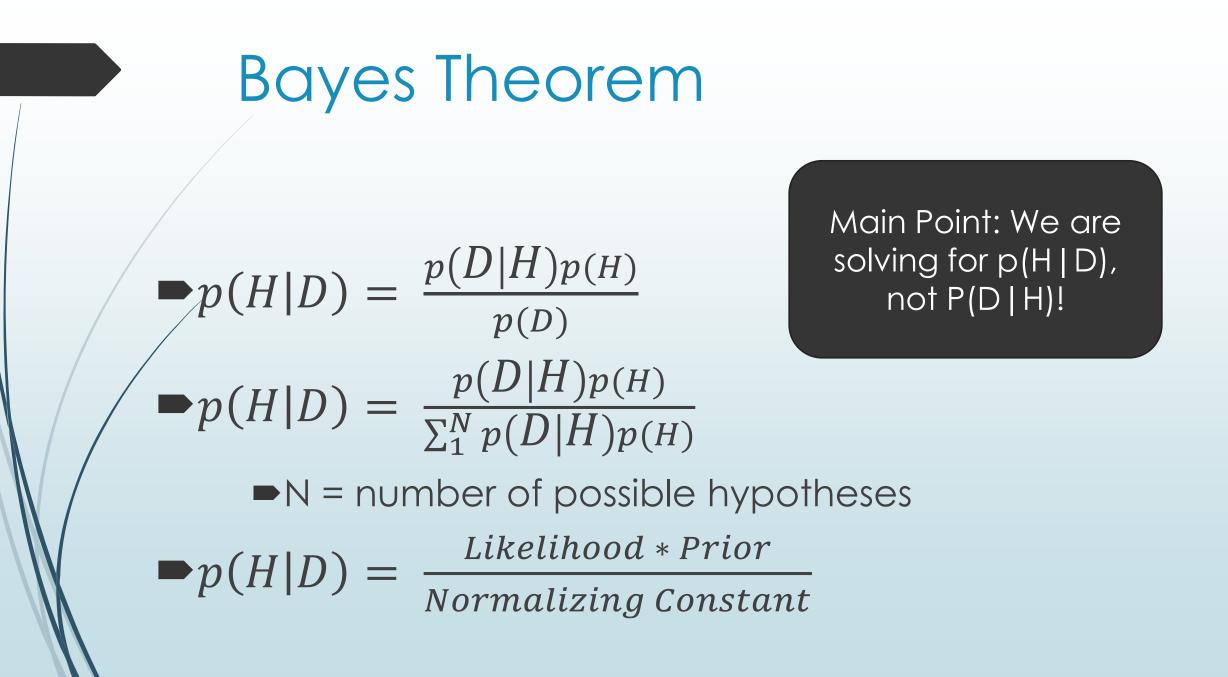
There is nothing more frustrating in model fitting than:

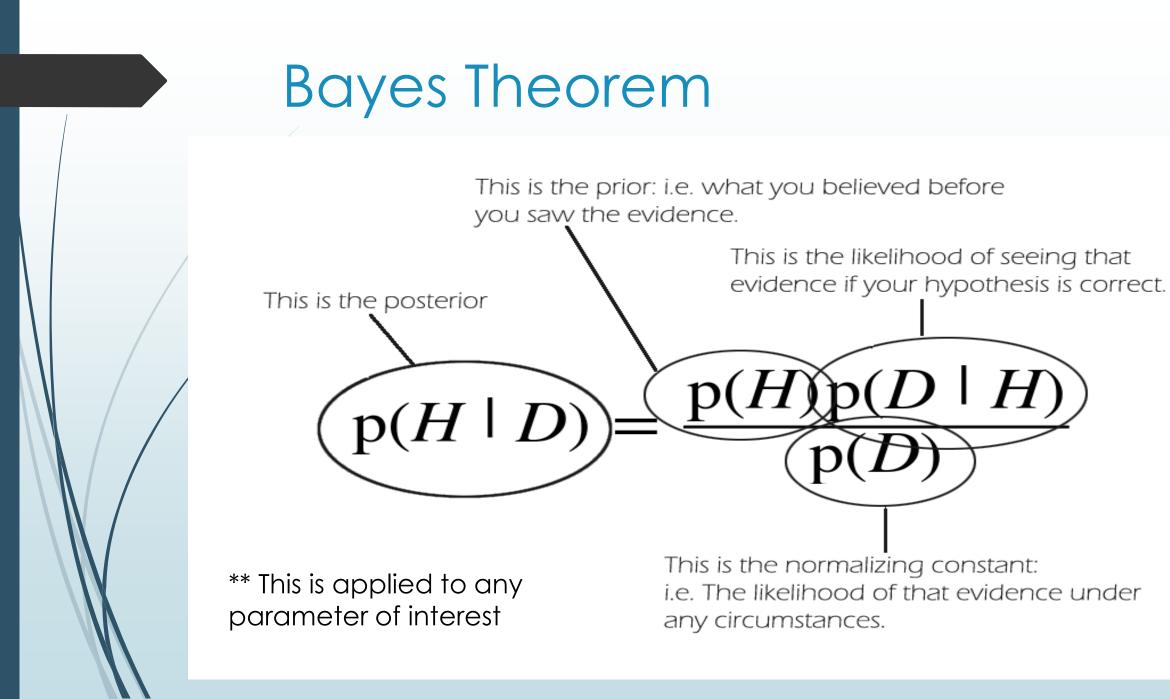
# \*\* ERROR \*\* model did NOT converge

#### Frequentist Model Fitting

 Bayesian models are typically estimated using Markov Chain Monte Carlo (MCMC)

Models that lead to convergence issues with ML, REML, etc. (e.g., many parameters, complex hierarchical structure) converge using MCMC.





#### Definitions of Probability

#### Frequentist

- Long run probability
- E.g., probability of success in therapy (over many clients)

 $\bullet p(S) = \frac{\# \, successes}{\# \, clients}$ 

The parameter [p(S)] is fixed, and we are using the data to try to detect it

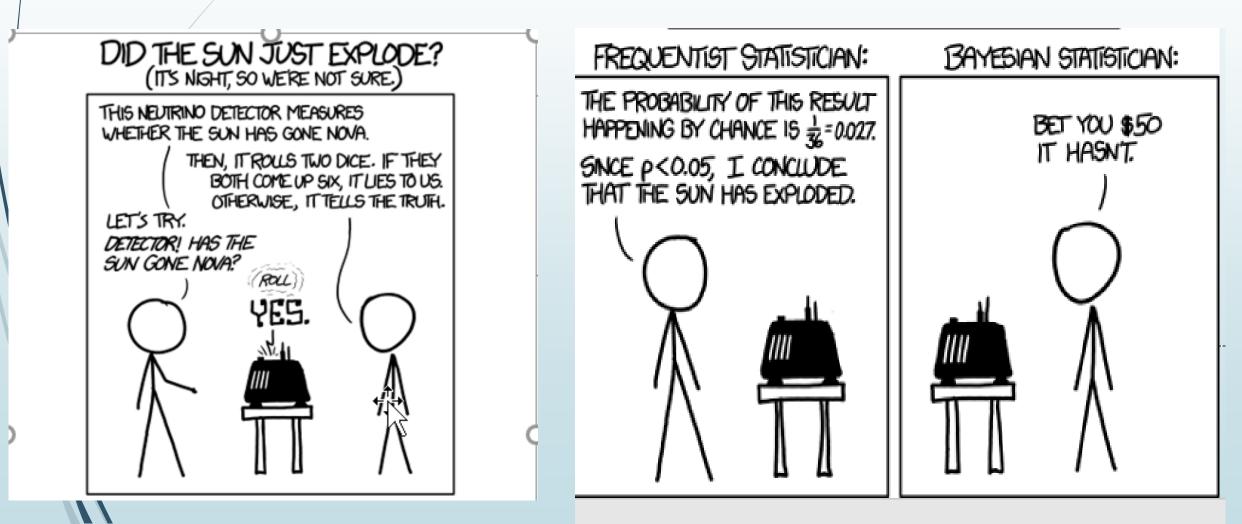
#### **Definitions of Probability**

#### Bayesian

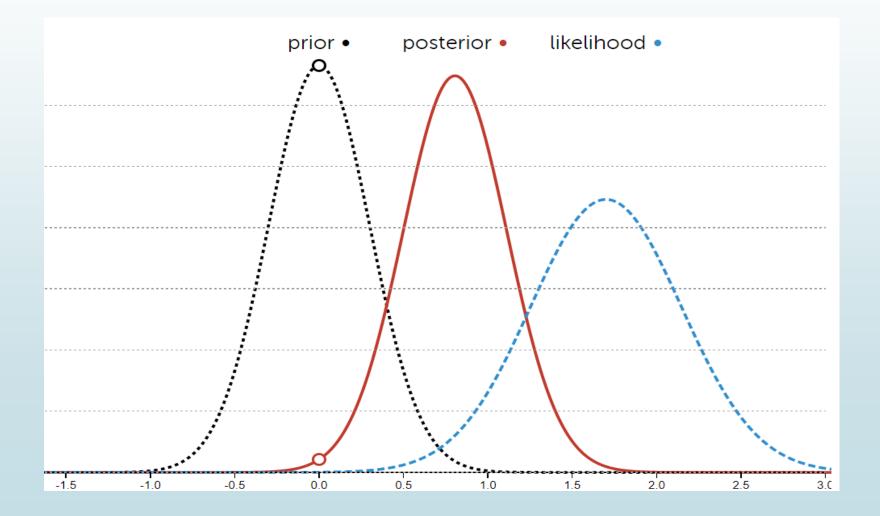
- Parameters are not fixed
  - E.g., there is no TRUE p(S)
- Instead, parameters can vary
  - Our job is to use prior beliefs and the data to determine the relative probability of observing the different possibilities for p(S)

The data and prior are fixed, but the parameter(s) can take on different values; probability is a degree of belief

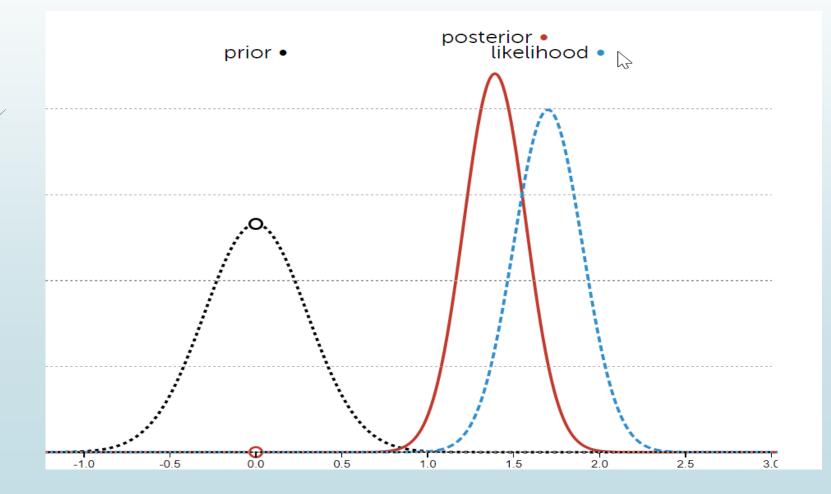
#### Frequentist vs Bayesian Example



## Prior, Likelihood and Posterior Distributions (small N)



#### Prior, Likelihood and Posterior Distributions (larger N)



## Understanding the Posterior Distribution

- The posterior distribution is the outcome of interest in Bayesian analysis
  - The posterior distribution represents the probability of an event (e.g., b), after all evidence (data) and background information have been taken into account
  - We can think of the posterior distribution as an updating of the prior distribution

- The posterior can provide information regarding the probability of certain value for the parameter of interest
  - E.g., probability of a regression coefficient being greater than 0
  - E.g., probability of a regression coefficient > .4

#### Markov Chain Monte Carlo (MCMC)

An algorithm for sampling from probability distributions (Monte Carlo)

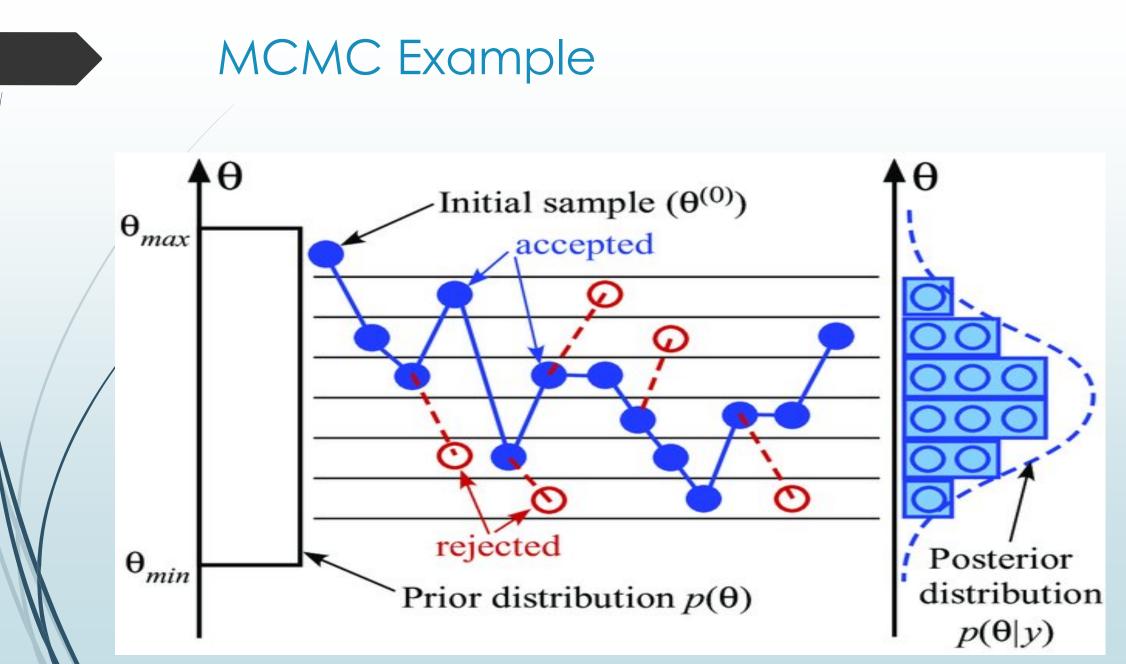
Samples are drawn such that the (k + 1)th sample is dependent on the kth sample

This process is called a Markov Chain

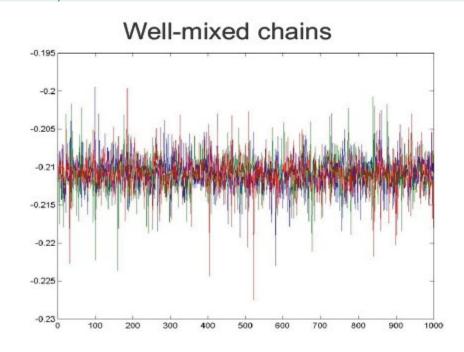
This allows the algorithm to narrow in on the quantity that is being approximated from the distribution (e.g., b), even with a large number of random variables

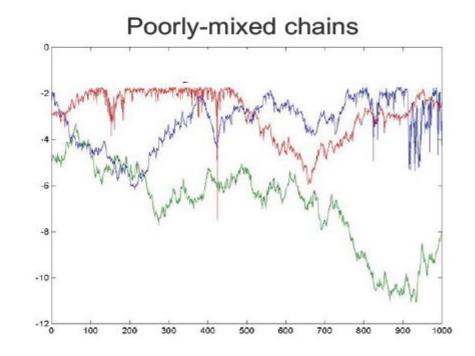
#### MCMC – Some Important Points

- The first step is drawing a 'potential parameter', after considering the prior and likelihood (proposal distribution)
  - This is our first "guess" of the parameter
- We then draw another 'potential parameter', related to the first,
  and we compare the parameters in terms of which explains the data better
- Whether we "accept" a new parameter depends on how it explains the data relative to the previous parameter
  - If it explains the data better, it is definitely kept
  - if it does not explain the data as well, the probability of keeping the proposed parameter depends on how much worse it explains the data
- Preliminary "guesses" are thrown out as they are unlikely to be reliable (burn-in)



- Mixing
  - Multiple chains are usually implemented (e.g., 3-5 chains)
  - It is expected that all chains will sample the same parameter space (i.e., mix)





#### Potential Scale Reduction Factor

- Also known as the Gelman-Rubin Statistic or  $\hat{R}$ 
  - $\mathbf{\blacktriangleright} \hat{R} = \frac{Var_{Between \ Chain}}{Var_{Within \ Chain}}$ 
    - If convergence has been met, the between and within chain variance should be similar
- $\widehat{R} < 1.05$  indicates convergence, whereas  $\hat{R} > 1.05$  indicates that more samples may be necessary for
  convergence
  - $\widehat{R}$  > 1.25 can be indicative of convergence failure, such as chains heading towards local maxima

- Effective Sample Size
  - Due to autocorrelation in the samples, the effective number of samples will be less than the total number of samples
    - The higher the better (e.g., >25% of the total number of samples)
- Monte Carlo Standard Error (per parameter)
  - The standard error of the mean of the posterior draws
  - MCSE should be small relative to the posterior standard deviation

#### Posterior Predictive Check

- If a model is a good fit, then we should be able to use it to generate values for the outcome that are very similar to what we observed
  - In other words, we can use our observed values on the predictor(s) and the final model to generate a posterior predictive distribution

#### Posterior Predictive Distribution Mean

If the mean of the posterior predictive distribution is not similar to the simple mean of the outcome variable, there may be convergence issues

#### Simple Regression

 $\bullet Y_i = b_0 + b_1 X_i + e_i$ 

- $\blacktriangleright b_0$  is the intercept (value of Y when X = 0)
- $\bullet$   $b_1$  is the expected change in Y for a 1 unit increase in X

$$\bullet e_i = \text{residual} = Y_i - (b_0 + b_1 X_i)$$

Parameters of Interest for Bayesian Analysis
 b<sub>0</sub>
 b<sub>1</sub>

 $\bullet \sigma_e$  (standard deviation of the  $e_i$ )

#### Conjugate Priors on the Parameters

- The normal distribution is a conjugate prior for the intercept and regression coefficient and the inverse gamma distribution is a conjugate prior for the residual variance  $(\sigma_e^2)$ 
  - Conjugate priors result in posteriors with the same distribution as the prior
- $b_0 \sim N(\mu_{0_{b_0}}, \tau_{0_{b_0}})$  $b_1 \sim N(\mu_{0_{b_1}}, \tau_{0_{b_1}})$
- $\bullet \sigma_{\rho}^2 \sim IG(\alpha, \beta)$

#### Default Priors for stan\_glm

The normal distribution is the default prior for the intercept and regression coefficient and the exponential distribution is the default prior for the residual standard deviation ( $\sigma_e$ )

- More specifically, the default priors are
  - $\bullet b_0 \sim N(\mu = \overline{Y}, \sigma = 2.5s_Y)$
  - $b_1 \sim N(\mu = 0, \sigma = 2.5^{s_Y}/s_X)$
  - $\bullet \sigma_e \sim Exp(\lambda = 1/s_Y)$

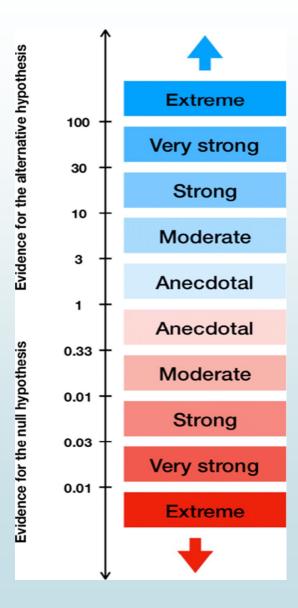
#### Informative Priors

- In many cases we have better "guesses" about the priors than the default priors
  - For example, previous (similar) studies exploring the relationship among the variables of interest
  - E.g., imagine past results found b = .5, s = 1.5
    - We could set the prior for the regression coefficient accordingly
      - $\blacktriangleright b_1 \sim N(.5, 1.5)$
    - But we might increase the scale of the prior to be conservative
      - E.g.,  $b_1 \sim N(.5, 3)$
- This is in the spirit of "updating" prior information via the data

#### **Bayes Factor**

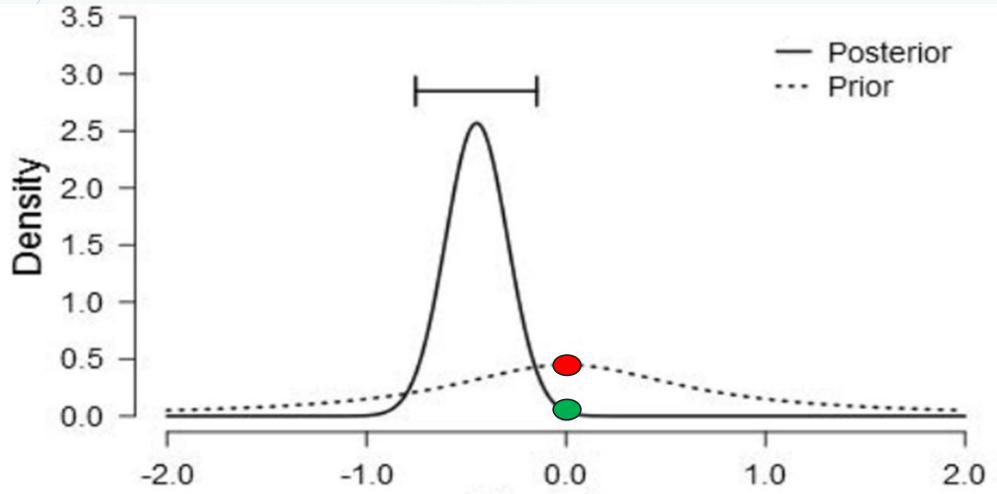
- The ratio of the likelihood of one particular hypothesis (e.g., alternative) to the likelihood of another (e.g., null)
  - Savage-Dickey Ratio
  - I.e., weight of the evidence in favor of a given hypothesis

• 
$$BF = \frac{P(D|M_1)}{P(D|M_2)}$$
  
•  $BF = \frac{P(D|Alternative)}{P(D|Null)}$ 





#### **Bayes Factor**



## Time to try things out ....